**Staying connected and active consultation**

*Getting the view of people 55+ in Aberdeen on staying connected and active*

**Our ambition**

The Aberdeen Partnership is currently exploring how best to provide opportunities for people 55+ in Aberdeen to stay connected and active and we would like to hear your views about this.

One of our strategic aims is to enable people to live as independently as they can for as long as possible. We recognise that to do this requires feeling connected to familiar people or a local neighbourhood. We also know that sometimes this is harder to do - perhaps after a period of illness or loss.

We want to work with local people and local services to make it possible for people to remain active in their community. To do this we need to make some changes in the way that we work – with our focus being on recognising at an earlier point where people are losing their connection and making it easier for people to choose to participate in a variety of local services to help them reconnect with others and their local community. If we do this we know that people will stay connected for longer, and hopefully remain as independent as possible for longer.

We’d be grateful if you could take 5-10 minutes to fill in this survey.

How do you stay connected and active now?

What would make it easier for you to stay connected and active?

How do you get information on what's available to help you stay connected and active?

Can you describe times that staying connected and active is more difficult, either for you or your friends or family?

How do you feel about our ambition as described above?

What do we need to consider as we plan to make the changes described above?

**Please return this form to:** Gordon Edgar, Aberdeen City Health and Social Care Partnership, Business Hub 8, Level 1 North, Marischal College, AB10 1AB