



Clinic Information for HIV Patients

Contact details

Sexual Health: Aberdeen Health Village Reception - for appointments.

Please request a 'rebook' appointment.

Telephone: **0345 337 9900**

Email: nhsg.gshenquiries@nhs.net

Health Adviser's Admin Assistant (Kelsey)

For advice from Nurse or Doctor

Telephone: **01224 655525**

Email: nhsg.gshhealthadvisers@nhs.net

Health Care Assistants

To arrange collection of medication

Telephone: **01224 655550**

Infectious Diseases for in-patient and out-patient care: ward 111, ARI Reception - for appointments and

for advice from doctors

Telephone: **01224 554727**

Nursing team - for in-patient queries

Telephone: **01224 555761**

Additional service contact details

Vicky Bridgeford (Pharmacist)

- for medication queries/advice

Email: nhsg.medicationadvice@nhs.net

Victoria Ross (Clinical Psychologist)

- for additional support

Telephone: **01224 552383**

Email: nhsg.healthpsy@nhs.net

Our Positive Voice (Grampian)

Forum for people living with HIV

3rd Thursday of each month 5.30pm - 7.30pm

Website: www.ourpositivevoice.org

Four Pillars

Provides support to Grampian's LGBT+ community

Website: www.4pillarsuk.org

Healthpoint

One stop health information point, offering free confidential information, advice and access to reputable services, in a friendly welcoming environment

Services at Aberdeen Health Village, Aberdeen Royal Infirmary, Peterhead Library, Fraserburgh Hospital and Dr Grays's hospital Elgin



Aberdeen Disability and Illness Support

Provides free, confidential, independent and impartial non-medical advice to people affected by illness, disability or a long term condition who live in the NHS Grampian area.

38 Union Terrace, **01224 379767**

Contact details (Continued)

Shelter Aberdeen

The Aberdeen Shelter Community Hub is a one-stop shop for anyone who is homeless, facing homelessness or needs advice about a housing related or finance problem.

Open Monday to Friday 9.00-5.00pm,
1st Floor 36 Upperkirkgate, **01224 522851**

National support and online resources

www.aidsmap.com

www.i-base.info

www.hivscotland.com

www.tht.org.uk or **0141 332 3838**

www.nat.org.uk

Breathing Space

(0800 83 85 87)

Confidential phone service for anyone in Scotland experiencing low mood, depression or anxiety.

Samaritans

(116 123)

Samaritan's volunteers are there to give support to anyone feeling down or struggling to cope.

Steps for Stress

www.stepsforstress.org

An online guide to addressing stress.

