



Stay Well Stay Connected

Granite City Gathering

The Stay Well Stay Connected program is inviting community groups, services and individuals about to retire or retired to a granite city gathering. The aim of the gathering is to have a blether on having a good retirement and enjoying your best life. Take the opportunity to sing in a choir, have a boogie at the gathering, try new moves with Qigong, yoga, sample crafting and art sessions.

Arrival at 9:30am - coffee, tea and registration



Saturday 24th June 2023



10am to 4pm



King's Church, Aberdeen - Bridge of Don - AB23 8BL

The Event is free - you must book your place

If you can please donate to the Aberdeen North foodbank

- Networking over free lunch
- Speakers and Conversation cafes
- Retire well & stay connected
- Discuss Older Peoples Council
- Explore community displays
- Travel by bus 1, 1B, 2, 272, X60, X68
- Interactive sessions with demonstration
- Singing, Crafting and Art
- Movement - Yoga, Taijiquan
- Technology and lifelong learning
- Building powerful communities
- Coffee & tea sharing

www.eventbrite.co.uk/e/stay-well-stay-connected-granite-city-gathering-tickets-635520698517



Eventbrite
booking

Booking

Tel: 01224045624 or

Email: carol.jack3@nhs.scot



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www.aberdeencityhscp.scot/our-news/stay-well-stay-connected-gathering/