Aberdeen City Health & Social Care Partnership

A caring partnership

Aberdeen City Health and Social Care Services

Strategic Plan

April 2022 - 2025

Easy Read

Aberdeen City Health & Social Care Partnership
A caring partnership
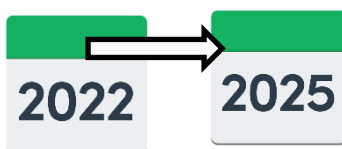
NHS Grampian

Introduction

This is a plan for the Health and Social Care Services in Aberdeen City.

This plan is about:

- What we will change in our services

- How we will support people

- How we will make our services better to suit people's needs.

Our plan will be for the next 3 years, 2022 – 2025.

Who are we?

Aberdeen City Health and Social Care Partnership.

We deliver community health and social care services to the people in Aberdeen City.

Why do we need this plan?

The number of people that will need care and support will carry on growing over the next years.

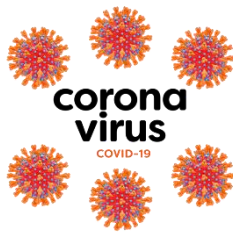This means more people will need our services.

There are longer waiting times for cancer treatment and other health services.

More people have:

- Mental health problems
- Drugs and alcohol problems.

Some people have health problems because of Covid.

We still have to do Covid vaccines for some people.

We still do flu and childhood vaccines.

We need to make sure that people get the right support and service.

We need to change our services to care for and support more people in home settings.

What do we want to do?

We want people to have easy access to our services.

We want people to get the right care and support at the right time in the right place.

We want to respect the rights and dignity of our service users.

We want to make sure people are safe and healthy.

We want to make the best use of our facilities, people and resources.

How will we do this?

We have 4 important things that we will work on to help people in Aberdeen city.

What are the 4 important things?
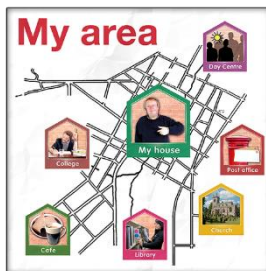
1. Caring Together

We will work together with others to give the best care and support at the right time.

We will work with:

- Other organisations
- Families
- Carers.

We will make it easier for people to access services.

We will involve people in planning and delivering services.

We want it to be easier and better to go to the GP practice.

We will give better support to unpaid carers.

2. Keeping people safe at home

We will support people to have their care at home or in friendly and comfortable settings.

We want to make sure people do not go into hospital unless they need to.

We will support people to live in their own home or community for as long as they are able to.

We will have more housing that meet's people's individual needs and help them to stay part of their community.

We will give intensive family support to keep children with their families.

3. Preventing ill health

We will support people to be healthier and support people with:

- Mental health

- Physical health and wellbeing

- Obesity
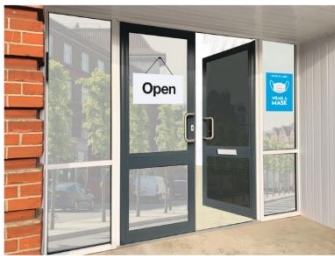
- Smoking

- Alcohol and drugs.

4. Achieving fulfilling, healthy lives

We will support people to live happy, healthy independent lives.

We will support people to maintain or improve their health and well-being.

We will start services again and find ways to catch up on things that we have not been able to do.

We will make services better for people that need complex care.

We will make sure our services do not make people feel embarrassed or shamed.

What will help us to do this?

We will have the right staff with the right skills.

We will help staff with their health and wellbeing.

We will offer more care using computers, tablets and mobile phones.

We will use our money in the best way that we can.

We will change the way our services work to suit your needs.

We will work to be more environmentally friendly.

We will support everyone with the changes we need to make in our services.

What next?

We will work to make our services better for people in Aberdeen City.

There will be lots more work going on over the next few years.

We will let you know how this is going.

You can look at the full version of the strategy at:

Put in address