

GRAMPIAN

Wellbeing

 festival

Aberdeenshire Wellbeing Festival (nhsgrampian.org) has, for the past eight years, been held to support mental health and wellbeing and raise awareness of community support, activity and events which promote and support all our mental health and wellbeing. In 2024 we are delighted to work with Aberdeen City HSCP for Stay Well Stay Connected and Moray HSCP to offer the Grampian Wellbeing Festival 2024.

We invite organisations/groups to take part in the festival by sharing/offering free event(s) which fit in with the overall aims for the festival which are:

- To offer a wide range of events which aim to promote positive mental wellbeing.
- To help local organisations raise awareness of their events/services.
- Increase participation year on year by sharing free events which are inclusive and accessible.
- Offer events for people across all age groups
- Help participants increase mental wellbeing by taking in local events and accessing health and wellbeing resources.

Please complete the relevant sections in this form by inputting details of your event(s) and how you wish them to be included in the Grampian Wellbeing Festival Programme.

We can promote events offered only during the month of May 2024.

**To host a free event in any or all of the partnership areas -
From 1st to 31st May 2024**

Booking
QR code



Booking form in Aberdeenshire EMAIL: gram.shirepublichealthadmin@nhs.scot
Booking from in Aberdeen City & Moray EMAIL: SWSC@aberdeencity.gov.uk

[Grampian Wellbeing Festival Host Booking Form](#)