



## **COVID-19 INFORMATION - "A TOOLBOX OF RESOURCES"**

This information can be shared on your social media pages, community notice boards or community spaces.

If you would like to request a batch of Covid-19 Lateral Flow Tests (LFT) for your community space which can be handed to service-users for home testing, you can do so by completing the following order form - <https://forms.office.com/r/MhhEWMgNAa>

### **Daily, Real Time Updates**

NHS Grampian Facebook – <https://www.facebook.com/NHSGrampian/>

NHS Grampian Twitter – (@NHSGrampian)

[https://twitter.com/NHSGrampian?ref\\_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor](https://twitter.com/NHSGrampian?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor)

ACHSCP Facebook – <https://www.facebook.com/AberdeencityHSCP/>

ACHSCP Twitter – (@HSCAberdeen)

[https://twitter.com/HSCAberdeen?ref\\_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor](https://twitter.com/HSCAberdeen?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor)

### **Supporting Information**

Covid-19 Vaccination Myth Busting – <https://www.aberdeencityhscp.scot/globalassets/myth-busting---covid-19-vaccine.pdf>

Covid-19 Vaccination Myth Busting (videos) -

[https://youtube.com/playlist?list=PLC7UZSgfI5\\_0GgOo69L11PiEpiXCVEMH](https://youtube.com/playlist?list=PLC7UZSgfI5_0GgOo69L11PiEpiXCVEMH)

Covid-19 Vaccination Community Interviews (videos) –

[https://youtube.com/playlist?list=PLC7UZSgfI5\\_23lxQcgEKUuc5RisHi9iDQ](https://youtube.com/playlist?list=PLC7UZSgfI5_23lxQcgEKUuc5RisHi9iDQ)

Covid-19 Community Drop-in Vaccination Clinic Walk Through (video - South St Nicholas Church, Kincorth) – [https://youtu.be/KTX\\_8DwijGE](https://youtu.be/KTX_8DwijGE)



If someone requires support to self-isolate such as access to food or prescriptions and applying for a self-isolation grant, you can contact **Aberdeen City Support Line** on **0800 0304 713**.

Posters including information on testing, vaccination, and support for those self-isolating (downloadable) –

<https://www.dropbox.com/sh/kfjzoacfg49e8/AACZrS16YdYBF8cSErNTB7lfa?dl=0>

### **Vaccination Information**

NHS Grampian dedicated Covid website - <https://www.nhsgrampian.org/covid-19/covid-19-public-information/>

NHS Grampian vaccination clinics - <https://www.nhsgrampian.org/covid-19/covid-19-public-information/covid-19-vaccination-clinics-aberdeen/>

NHS Inform registration for anyone 18+ to book an appointment -

[https://www.nhsinform.scot/vaccineregistration?fbclid=IwAR11YYGtR7GDaf5nppRUgIIlPETQoMLEPPq0QV\\_xsb\\_UFWTawZPeaJWZP1\\_I](https://www.nhsinform.scot/vaccineregistration?fbclid=IwAR11YYGtR7GDaf5nppRUgIIlPETQoMLEPPq0QV_xsb_UFWTawZPeaJWZP1_I)

People without access to internet, can call to find out where pop-up clinics are going to be held by phoning - Aberdeen COVID-19 contact centre free on **0800 0304 713**, open Monday - Friday 9am - 5pm, to book into one of the clinics.



## Community Testing

Home Testing (including how to get tests from a local pharmacy) -

<https://www.gov.scot/publications/coronavirus-covid-19-getting-tested/pages/no-covid-symptoms/>

Community testing clinics can be found on the following webpage (if you have no symptoms) -

<https://www.nhsgrampian.org/covid-19/covid-19-public-information/subpages/covid-19-community-testing/>

Anyone experiencing Covid-19 symptoms should book a PCR test via the NHS Inform website -

<https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19/test-and-protect/coronavirus-covid-19-testing>

If people are unable to access the internet or require further support to access testing, they can call the Testing Team - **01224 558494**

## Downloadable Apps (on smartphones and tablets)

Check In Scotland App - <https://www.mygov.scot/help-gr-check-in>

Protect Scotland App (Track and Trace) - <https://protect.scot/>