



Aberdeen City Health & Social Care Partnership

A caring partnership

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INCA Project (Buurtzorg)



What is Buurtzorg?

Buurtzorg is a Dutch model of community nursing. Care is provided by small, self-managing teams in a given neighbourhood. The care is person-centred, with needs assessed holistically rather than being divided into separate health and social care needs. Building up informal support networks around the individual is key, involving family, friends and the local community. Enablement is a core principle of this way of working.

What's happening in Aberdeen?

In Aberdeen we have adapted the Buurtzorg principles so that both nurses and support workers are working together in integrated teams. Our teams will be known as INCA (Integrated Neighbourhood Care Aberdeen) teams.

Aberdeen City Health & Social Care Partnership has recruited six nurses and six support workers who are testing the model in two areas of Aberdeen - Cove and Peterculter.

When will this happen?

The Cove and Peterculter INCA teams are currently taking part in a bespoke learning induction. During this induction the teams have the opportunity to work with colleagues from Buurtzorg Britain & Ireland (formerly Public World), who are supporting a number of other test sites across Britain and Ireland. The teams are also meeting a wide range of colleagues with whom they will be working closely and whose expertise will be crucial to the success of the model. They are also beginning to tease out how they will operate as self-managing teams, and are looking at how the model will be evaluated. As soon as we have a date for the teams to start accepting referrals, this will be widely communicated.

Peterculter and Cove INCA teams



Who will the teams be supporting?

The teams will accept referrals for individuals living in Peterculter and Cove who have a new need for care, be that nursing care, social care or both.

How do I refer to the team?

There will be no change to existing referral pathways, so referrers should refer in the same way that they do now to the community nursing service or to social care. The referrals will then be assigned to existing teams or to the INCA teams as appropriate.

How do I find out more information?

The project team plans to provide updates on a monthly basis. If you have any questions about the project, please contact Heather Tennant, Transformation Programme Manager, at ahscptransformation@aberdeencity.gov.uk.

Watch out for future briefings!

