



AGENDA

**STAY WELL STAY
CONNECTED**

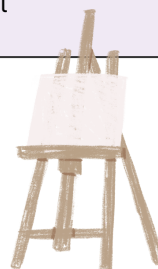
Granite City Gathering

Date: 24/06/2023

Start time: 10 am

End time: 4 pm

TIME	ACTIVITY	BY WHO	WHERE
09:30	Arrival & Check in	Volunteers	Main Hall
10:00 to 12:59 pm	Speakers Main Hall	All conference goers	Main Hall
10:00 to 15:30	Stalls, volunteer opportunities and sign up to community activities	community groups, charities and service providers	Parenting Corridor
13:00	Lunch is served at Upper Hall A & B	Volunteers & Staff	Eat at the upper halls, Rotunda and outside. Explore exhibition stalls
13:30 pm	Petanque	Ken Minto	Upper Room
13:30	Art, Craft, sewing, crochet and knitting	Wool Bandit, Kanisha flower craft, stitch and bitch, crafting with Dorothy	Upper Room B
13:30 & 14:30	Chair based Yoga Yoga on Mat	Manisha Manisha	Room 1 Room2
14:00	Boogies at the Gathering & Ballroom with Barney	Wellbeing Coordinators Barney Philips	Upper Room A
14:00 & 15:00	Movement - Qigong - I Movement - Qigong - II	Tina - Ruyi School	Room 4 Room 3
14:00	Granite Harbour Voices	The choir	Upper Room
14:30	Building Strong communities workshop (Moderator Mandy Andrew - The Alliance & IFIC) - Older people council, commissioner for older people bill	Paul Lawsoness, George Thompson, Debra Christie (AFCCT) Danny Ruta, Jane Russell	Upper Room





AGENDA

**STAY WELL STAY
CONNECTED**

Granite City Gathering

Date: 24/06/2023

Start time: 10 am

End time: 4 pm

Location: King's Church, Bridge of Don, Aberdeen - AB23 8BL

TIME	SPEAKER	TOPIC
09:30	Volunteers	Arrival & Check in
10:00 am	Angela Scott - Chief Executive ACC	Introduction to Gathering
10:20 am	Emer Coveney - National Programme Manager	Age Friendly Ireland & Older peoples council
11:00 am	Jock Hutchison - Horseback UK	What the race horse taught me
11:30 am	coffee break	Coffee Break
12:00 pm	Preston Gan - Transformation Programme Manager NHSG	Discovering your: Ikigai (finding meaning and purpose in retirement)
12:40 pm	John Wilberforce - Homeshare UK part of shared Lives Plus	Building strong Local communities
13:00 to 14:00 pm	Making connections	Lunch - Interactive activities
14:00 to 15:30 pm	Various rooms	Interactive Activities
15:00	Main Hall	Afternoon coffee served
15:30	Danny Ruta: NHSG Consultant Shona Omand-Smith: Commissioning Lead ACHSCP	Putting it all together & closing





**Harbour voices memories - Open Road Ltd
SHMU**

**Aberdeen Science Museum
Sereniti**

Cultivate Aberdeen

**Aberdeen Independent Multiple Sclerosis
Absafe**

Grampian 50 plus Network

Dyce & Stoneywood CC

NETRALT-NE

citizens advice bureau

Kanashi Flower Craft

Jak Foundation

SANDS

Torry Memories

Care choices

Horseback UK

Aberdeen Football Club Community Trust (AFCCT)

Asylum And Refugee Care (AARC) , MIND Store

SR CARE

Scottish Fire Service

Sport Aberdeen

Public Health

Communities Team

Vaccination Centre

Tec @Quay

Kanisha Flower Craft

Ballroom with Barney

Yoga with Manisha

Qigong with Tina (Ruyi School)

The Wool Bandit

Stitch n Bitch

Ken Minto Petanque

Unpaid Carers Group

Wellbeing Coordinators